

Handy Hint 1:

A very handy way to assess a baby is to use a contoured pillow.

Handy Hint 2:

One of the greatest barriers for parents to getting their baby or child checked is their perception that it's not normal to take a child to a chiropractor. You need to change that perception!

Handy Hint 3:

Examining the baby or child is a procedure that you must perform as if you have done it 1000 times before.

Handy Hint 4:

Drill down to the source of the problem as soon as possible! Exhibiting confidence in your findings, your proposed management, and the expected outcome, reinforces to the parents that they are indeed where they need to be with their child.

Handy Hint 5:

One of the best times to examine a baby is between feeds.

Handy Hint 6:

Do not underestimate the huge role you can play in the future health and wellbeing of the hypotonic child simply by recognising the condition early.

Handy Hint 7:

Absence or asymmetry of primitive reflexes before certain ages, or the persistence of these reflexes after a certain age, may indicate slow neurological development. These findings won't tell you what is wrong, they will simply tell you that something is potentially wrong.

Handy Hint 8:

Due to the potential serious consequences of misdiagnosing congenital hip dysplasia, a screening bilateral hip examination procedure should be included whenever you examine a baby for the first time.

Handy Hint 9:

The Inverted Swing Test can be used to observe for any indication of unilateral body torque, as well as any sign of excessive head flexion or extension. An infant who locks into a head flexion pattern may have a PS occiput subluxation. An infant who exhibits a head extension pattern will often have an AS occiput subluxation.

Handy Hint 10:

Should a parent relate to you during the history that the infant repeatedly arches his back and extends his neck, you should suspect an AS occiput subluxation.

Handy Hint 11:

In our clinical experience, the primary subluxation of the thoracic spine is uncommon in paediatric patients, especially infants.

Handy Hint 13:

Do not adjust the child on the first visit!

Handy Hint 14:

If you are to create a lifetime chiropractic wellness family, then that family needs to understand chiropractic... like you understand chiropractic.

Handy Hint 15:

Great clinical results will not necessarily create a lifetime chiropractic family, or a steady source of patient referrals for your practice.

Handy Hint 16:

As a Family Wellness Practitioner you need to realise that you cannot control what people are exposed to... you can only control what information you present to them when they are exposed to you.